

Erika received her Bachelors of Science Degree in Public Health: Nutrition from West Chester University. She completed the ARAMARK Mid-Atlantic Dietetic Internship at various hospitals in the Philadelphia area. Erika holds a Certification in Adult Weight Management through the Commission on Dietetic Registration and is an active member of the American Dietetic Association, as well as the Weight Management Dietetic practice group. Prior to joining Kingley Health, Erika worked as the Food Service Manager and Clinical Dietitian at a Traumatic Brain Injury Rehabilitation Center. Erika enjoys being active and living a healthy lifestyle and is dedicated to helping individuals reach their goals and achieve healthy and sustained weight loss.